Tours at high altitude Circular tour to the Saldura lakes



DURATION 6.5-7 h

DISTANCE 16.9 km

ALTITUDE DIFFERENCE 1324 m

LEVEL OF DIFFICULTY difficult

Description

Challenging hike in high mountains to the highest lake district in Alto Adige with a magnificent panorama

You have the chance of starting your tour either from the Glieshof or from the car park below the Saldura stream (sign post Malga di Mazia di Dentro n°. 2). You walk along the wide mountain road in a north – northeast direction into the valley until reaching the alpine meadows beneath the Malga di Mazia and from there you continue towards the intersection. Here you turn right and walk along the valley, crossing the Saldura stream as far as the Malga di Mazia di Dentro. After, you continue as far as the cable car of the Rifugio Oberettes.

Here, in a short time you reach a large monument and adjacent bench. You then continue in an eastern direction, passing a small waterfall to then ascend along a winding path to a flatter terrain. Keeping to the left and going towards the north you arrive at the Rifugio Oberettes (2677 m) after about 2-2, 5 hours. Just a few meters from the rifugio, close to the sign post, turn right in the direction of Höllerscharte.

Then, in correspondence with another hut (wooden signpost Bildstöckljoch n° 1-4), turn once again right onto a moraine ridge and in a south east diagonal direction ascend up to a steep rocky point. Slightly exposed, along the rocky precipice, use the metallic ropes, to reach the unnamed gap which leads to the wide high valley with the Saldura lakes. We recommend a short detour to the Bildstöckljoch ridge, a walk for a total of 50 minutes.

At the intersection, you follow the n°. 4 trail and reach the first lake of an intense blue colour, nestled splendidly in a basin. Further down, you reach another two mirrors of water as well as another emerald Glacier lake. Further on, to the right, in a basin, you will find the last mountain basin of small dimensions on the western edge where you must definitely hike to as the panorama over the Val di Mazia is magnificent. The descent is via the same route.