

## Tours at high altitude

# To Cima Pleres



**DURATION**  
3.5-4 h

**DISTANCE**  
6.5 km

**ALTITUDE DIFFERENCE**  
1427 m

**LEVEL OF DIFFICULTY**  
medium

### Description

#### From the Glieshof to Malga Mazia and to the Planoalerloch basin on Cima Pleres

Leaving from the Glieshof you reach the forest trails by crossing the bridge that takes you left of the river down to the valley towards the Malga di Mazia at Fuori. Passing through grassland, you shortly reach a sign post. Here, you follow the sign "Klamm-Oberetteshütte-Umweg". A bit further on, there is a green sign marked "Tourenlenkung" affixed to a tree. On the climb toward the woods and along the Karenweg pathway, you reach a large clearing.

From there, keep to the left and continue the climb through the grassland. In an optimal point you cross the stream's basin and shortly after reach Pleresboden (2355 m). Afterwards, you follow in a north - northwest direction crossing a large hollow terrain known as "Planoalerloch". Cross this basin until reaching the steep slope at the foot on the Valvell mountain ridge. Finally, you reach a flat terrain at an intersection on the right. Having reached the ridge and passed the southwest rocky section you reach the highest point with the summit cross (3188 m).

The descent retraces the same path.

**GLIESHOF**  
MEIN ALMHOTEL

1824 M