

Excursions with snow shoes

Circular route through the “frozen fields” (Eisa Wiesen)



DURATION
3 h

DISTANCE
6.8 km

ALTITUDE DIFFERENCE
759 m

LEVEL OF DIFFICULTY
easy

Description

Beautiful excursion through the “frozen fields” as far as the Malga di Mazia

The starting point of the circular hike is the car park right beneath the Glieshof.

Leave the valley by foot for about 20m and turn right onto the path in the woods. After about half an hour of walking you can already see the Malga di Mazia (2045 m) on the left. The last 100 m of the circular hike are with a steep incline.

For the return route follow the winter signpost n. 3, which starts just behind the grassland. Crossing the Alta Via Val Venosta you reach the so called “Eisa Wiesen”, you then follow towards the Masi Thanei and return to the starting point in the valley.

GLIESHOF
MEIN ALMHOTEL

1824 M