

Thrilling tours on skis

To Monte Upi



DURATION
3.5-4 h

DISTANCE
7.1 km

ALTITUDE DIFFERENCE
1372 m

LEVEL OF DIFFICULTY
medium

Description

Pleasant ski tour from the Glieshof towards Val Upi and to the malga and summit of the same name

Leaving from the Glieshof, you walk diagonally towards the south, crossing grassland as far as the woods, then follow the pathway until reaching a ski depot with a short chair lift that reaches the avalanche and landslide barriers of Ramudelgraben. Entering the valley, in a southerly direction, cross the bridge over the brook to the right and passing the meteorological cross, you reach the Malga Upi (2225 m).

This is the starting point for Cima Upi. From here, you walk diagonally towards the left until the valley is interrupted by a rocky crest. Shortly before its left bank, you cross over the creek on the vast terrain to the north of Lake Upi. On the left side, you emerge from the valley until it opens out onto a flat basin. From here you can glimpse the climb, which continues on the moderately steep and rugged slope.

You reach the summit cross (3175 m) by climbing a final rugged slope, keeping slightly to the right in an area of slightly pronounced terrain, affronting numerous zig zags up to the south eastern crest near to the Pleisenjöchhl pass (3111 m) and then overcoming the last stretch diagonally to the left. The descent retraces the same route as the climb.



GLIESHOF
MEIN ALMHOTEL

1824 M