

## Thrilling tours on skis

# To Punta Saldura



#### DURATION

5.5 h

#### DISTANCE

14.1 km

#### ALTITUDE DIFFERENCE

3120 m

#### LEVEL OF DIFFICULTY

medium

### Description

#### Challenging excursion from the Glieshof to the Val di Mazia and Punta Saldura

The tour leads from the Glieshof for 2,7 km along the forest trail as far as the Malga di Mazia at Dentro (2022 m). From the Malga di Mazia you climb the path through grassland and a narrow ridge on the right of the brook, until reaching Saldurboden (2380 m). From here, you walk towards the north east along a slope which then turns left into a large hollow (2500 m). Follow this slight incline towards the pass (2800 m).

Once arrived, keep to the right along this flat land and go towards the northern Saldura peaks. Cross the Glacier and turn left towards the Forcella di Lazaun (3225 m). You then cross the steep northern side of Punta Saldura in a left diagonal direction. Afterwards you climb to the left crest: how high, depends on the conditions.

Crossing this crest you reach the very steep east crest. Shortly after you reach the summit cross via a flat trail. The road for the descent retraces that of the climb. You also have the chance of descending from Saldurboden opting for the ridge on the left.

**Suggestion: for this tour we recommend bringing with you an ice axe and crampons.**

**In springtime you can reach the Malga di Mazia by mountain bike.**



## GLIESHOF

MEIN ALMHOTEL

1824 M